Introduction to APA Style, 7th edition
Using sources of evidence

• In most college assignments, your statements must be supported with evidence.

• Evidence may come from books, reliable webpages, journal articles, news articles, and other sources.

• Every time you use words, ideas, images, or other types of information, you need to give credit.
What is APA?

- APA = The American Psychological Association

- APA is a set of rules on how to:
  - format a paper
  - write in an academic setting
  - credit the sources you use

- APA Style is the chosen style guide for Bow Valley College, but others exist.
Giving credit

• Citations and references help you to:
  o Acknowledge and value the original ideas of others
  o Support your statements with strong evidence
  o Connect your reader(s) with the sources you’ve used
  o Avoid plagiarism
When to give credit

DO
• When you copy another person’s words
• When you use another person’s ideas
• When you list specific dates, numbers, or facts
• When you use charts, maps, graphs, or images from other sources

DON’T
• When you express an idea or opinion that is your own
• When you use information that is common knowledge
• When you use names

Canadian Blood Services is a non-profit organization.

Edmonton is the capital city of Alberta.

I think the company’s biggest problem is brand equity.
When in doubt... GIVE CREDIT!
When you use information from a source, you need to give credit in two places:

1. In or at the end of a sentence in the body of your assignment. (Citation)
2. In an alphabetical list at the end of your assignment. (Reference)
The crime rate increased steadily between 1962-1991, and has "since declined significantly, reaching its lowest point in 2013 since 1969" (Statistics Canada, 2015, para. 7). Yet findings suggest that the public typically inflates current crime rates. According to Grant et al. (2014), the public tends to give estimates well above reported trends and numbers.


In-text citation

• A note that tells your reader you used words or ideas from a source to write your sentence

• May be part of your sentence OR in parenthesis at the end

  - Narrative citation
  - Parenthetical citation

• Required for quotations (word-for-word) and paraphrases (in your own words)
How to cite

Citations include 2-3 pieces of information:

1. Last name of author(s) OR Group Name

2. Year of publication

3. Page #, paragraph #, or heading

Only if directly quoting
## 1. Author(s)

<table>
<thead>
<tr>
<th>1 author</th>
<th>…no matter the cost <em>(Laurence, 2014).</em></th>
</tr>
</thead>
<tbody>
<tr>
<td>2 authors</td>
<td>…fiscal responsibility <em>(Jones &amp; Smith, 2018).</em></td>
</tr>
<tr>
<td>3+ authors</td>
<td>…the structure <em>(Jones et al., 2013).</em></td>
</tr>
<tr>
<td>Group author</td>
<td>..is correct <em>(Parkland Institute, 2019).</em></td>
</tr>
</tbody>
</table>
2. Year of Publication

<table>
<thead>
<tr>
<th>Date listed</th>
<th>...no matter the cost <em>(Ratushniak, 2014).</em></th>
</tr>
</thead>
<tbody>
<tr>
<td>No date listed</td>
<td>...fiscal responsibility <em>(Carteri, n.d.).</em></td>
</tr>
</tbody>
</table>

*Only list the year in the in-text citation, even if the source includes a month and day!
### 3. Page no. / Paragraph no. / Heading

<table>
<thead>
<tr>
<th>Page no. (book, article)</th>
<th>...no matter the cost&quot; (Obama, 2014, p. 10).</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paragraph no. (short webpage)</td>
<td>…fiscal responsibility&quot; (Reynaud, 2015, para. 5).</td>
</tr>
<tr>
<td><strong>Heading</strong> (long webpage)</td>
<td>..is correct&quot; (Parkland Institute, 2013, “Research Focus”).</td>
</tr>
</tbody>
</table>

* Location information is only required for quotations!
# Narrative vs Parenthetical Citation

<table>
<thead>
<tr>
<th>Parenthetical</th>
<th>Following the release of the television adaptation, “sales increased annually by 20%” (Pond, 2012, p. 2).</th>
</tr>
</thead>
<tbody>
<tr>
<td>Narrative</td>
<td>Pond (2012) notes that “sales increased annually by 20%” (p. 2) following the release of the television adaptation.</td>
</tr>
</tbody>
</table>
How to reference

- Listed on a separate page at the end of your assignment
- Provides more details about a source you used
- Made up of 4 to 5 key parts:
  1. Author
  2. Date
  3. Title
  4. Container
  5. Publisher/URL

Some sources do not have this
1. Author(s): Last Name, Initial.

Phoebe Buffay
Joey Francis Tribbiani Jr.
Monica Geller
Rachel Karen Green
Dr. Ross Eustace Geller
Chandler Muriel Bing

Buffay, P., Tribbiani, J.F., Geller, M., Green, R.K., Geller, R.E., & Bing, C.M.
## 2. Date

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Year</td>
<td>(2018).</td>
</tr>
<tr>
<td>Year, Month Day</td>
<td>(2018, June 2).</td>
</tr>
<tr>
<td>No date</td>
<td>(n.d.).</td>
</tr>
</tbody>
</table>
### 3. Title of source

What is the title of the...

<table>
<thead>
<tr>
<th>Source Type</th>
<th>Title Example</th>
<th>Container Example</th>
</tr>
</thead>
<tbody>
<tr>
<td>Webpage</td>
<td></td>
<td>Conference proceeding</td>
</tr>
<tr>
<td>Journal Article</td>
<td></td>
<td>Painting</td>
</tr>
<tr>
<td>Book</td>
<td></td>
<td>Digital image</td>
</tr>
<tr>
<td>Textbook chapter</td>
<td></td>
<td>PowerPoint slides</td>
</tr>
<tr>
<td>Report</td>
<td>Encyclopedia entry</td>
<td>Twitter post</td>
</tr>
<tr>
<td>Podcast episode</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Magazine article</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Online news article</td>
<td></td>
<td></td>
</tr>
<tr>
<td>YouTube video</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* If a source does not have a container, the title is italicized.

** Titles are written in sentence case.
Container

Is the source inside something larger?

Journal article ➔ Journal issue

Edited book chapter ➔ Book

Dictionary entry ➔ Dictionary

Magazine article ➔ Magazine issue

Song ➔ Album

* If a source has a container, the container is italicized.
<table>
<thead>
<tr>
<th>Type</th>
<th>Description</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Webpage</td>
<td>Site Name. URL</td>
<td>HeretoHelp. <a href="https://www.heretohelp.bc.ca/caffeine">https://www.heretohelp.bc.ca/caffeine</a></td>
</tr>
<tr>
<td>Book</td>
<td>Publisher.</td>
<td>Penguin.</td>
</tr>
<tr>
<td>Journal article</td>
<td>DOI</td>
<td><a href="https://doi.org/10.1016/j.hjdsi.2017.06.002">https://doi.org/10.1016/j.hjdsi.2017.06.002</a></td>
</tr>
</tbody>
</table>
Putting it all together

http://www.hereothelp.bc.ca/visions/aboriginal-people-vol5/cultural-pathways-for-decolonization

https://www.who.int/features/qa/84/en/


Hanging indent

1. Highlight your references
2. Click CTRL + T (PC)
3. Click COMMAND + T (Mac)
Finding reference parts

• You need to collect 4-5 pieces of information about each source for your reference.

• Where can you find this information?

  Library resources → “Details” page on the Library Catalogue

  Internet resources → On the source itself
1. Go to bowvalleycaollege.ca/library

2. Type the title of your textbook into the search box

3. Click on the title and scroll down to Details
Finding reference parts: Internet resources

1) Group author

2) Date = (n.d.)

3) Title of webpage

4) URL
APA Style 7th edition resources

Bottom tab of APA Style, 6th edition guide